



Arizona Language Preparatory

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ALP Return to School Policy for COVID-19 Symptoms or Exposure

Symptoms of possible covid-19 in children per CDC (but can also be due to non-covid viruses): fever, headache, congestion, runny nose, sore throat, shortness of breath, difficulty breathing, loss of taste or smell, cough, muscle aches, fatigue, nausea/vomiting, and/or diarrhea.

More comprehensive guidelines can be found <https://www.maricopa.gov/5594/School-Metrics>

Isolation/Quarantine Guidelines When Symptomatic

Note that ALP may give directions on where a student can be tested, but testing cannot be required.

Symptoms AND NO KNOWN CLOSE CONTACT of someone with covid-19, student may return to school when:

- **If Student does not take test OR has positive test:**
 - 10 days have passed since first symptoms started AND
 - 24 hours fever-free without fever reducing meds AND
 - Improvement in other symptoms

(Of note: in rare situations, need 20 days from start of symptoms if illness severe/critical or patient is severely immunocompromised)
- **If Student has Negative test:** may return to school when:
 - 24 hours fever-free without fever reducing meds (including chills, shakes, and body/muscle aches) AND
 - Improvement in other symptoms
 - If symptoms still present, doctor's note may be required
- **Symptoms AND close contact of someone with covid-19** (regardless of test result) may return to school when:
 - At least 10 days have passed since first symptoms started
 - At least 24 hours have passed since fever resolved (without use of fever reducing medications) and
 - Improvement in other symptoms
 - Exceptions: Person with symptoms has had covid-19 in the past 90 days or is fully vaccinated, then they can return sooner if they have a negative test result (once fever resolved for at least 24 hours and there is improvement in symptoms)

Isolation/Quarantine Guidelines When Exposed but NO Symptoms:

- No test or positive test: subject to isolation as above for positive test (i.e., quarantine for at least 10 full days since known exposure)
- Negative test but fully vaccinated or have had covid-19 in past 90 days: no quarantine necessary
- Negative test in first 5 days but no prior vaccination or covid-19 illness: quarantine for at least 10 full days since known exposure
- Can return to school 7 days after exposure if remain without symptoms AND have a negative test AT LEAST 5 FULL days after exposure